



		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery		Fundamentals of movement		Gymnastics	Ball Skills	Yoga	Athletics
Reception		Movement and Travelling		Climbing and Balancing		Ball Skills	Athletics
Year 1	Outdoor	Games: Ball skills: Feet	Games: Ball skills: Hands	OAA Commando Joes	Games: Attack v Defence	Forest School	
	Indoor	Gymnastics: Wide, Narrow, Curled	Dance	Gymnastics: Body Parts	Health & Well-being: Circuits	Games: Rackets, Bats & Balls	Athletics
Year 2	Outdoor	Games: Ball skills: Feet	Games: Ball skills: Hands	OAA Commando Joes	Games: Rackets, Bats & Balls	Forest School	
	Indoor	Gymnastics: Balancing, Rolling, Jumping	Dance	Gymnastics: Linking	Health & Well-being: Circuits	Games: Attack v Defence	Athletics